



GREATER NASHVILLE  
**REGIONAL COUNCIL**

# Public Hearing

**FY23-26 Area Plan on Aging and Disability**

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March 8, 2022

# Agenda

- 1. Welcome and Introductions**
- 2. Explanation of Older Americans Act**
  - a. National Objectives
  - b. Services Funded
- 3. Explanation of State Area Plan**
  - a. State Goals
  - b. Funding Levels
- 4. GNRC's Role as Area Agency on Aging and Disability**
  - a. Responsibilities, Programs, and Services
  - b. Overview of Area Plan
  - c. Request for Waiver
- 5. Open Discussion on Area Plan Objectives**

# Area Agency on Aging and Disability

The Federal Administration for Community Living (ACL) and the Tennessee Commission on Aging and Disability (TCAD) have designated GNRC as the region's **Area Agency on Aging and Disability**. In this role, the agency is responsible for various parts of the Older Americans Act.



# Older Americans Act

The **Older Americans Act (OAA)** of 1965 was the first federal level initiative aimed at providing comprehensive services for older adults.

It created the National Aging Network comprising the Administration on Aging on the federal level, State Units on Aging at the state level, and Area Agencies on Aging at the local level.

# OAA: Objectives

**Title I** of the OAA sets out broad social policy objectives oriented toward improving the lives of all older Americans.

**Title III** of the OAA is to encourage and assist state and local agencies in the development of comprehensive and coordinated in-home and community based long-term services for older adults.

**Funding for programs includes:**

- Supportive Services
- Nutrition Services
- Disease Prevention and Health Promotion
- Family Caregiver Support

# OAA: Program Areas

## Supportive Services

Information & Assistance, Outreach, Case Management, Homemaker or Chore Services, Transportation, Legal Services, Adult Day Centers

## Nutrition Services

Congregate group meals, home delivered meals, and the Nutrition Services Incentive Program

## Disease Prevention

Evidence-Based Education and Programming Support through Senior Centers

## Family Caregiver Support

Education, Support, and Respite for Family and Informal Caregivers

## Ombudsman and Elder Abuse

Advocacy for Older Adults and Prevention of Elder Abuse and Neglect

# OAA: Funding Levels

## Supportive Services

USA: \$388.6 million

TENN: \$7.8 million (2% of national)

**GNRC: \$1.6 million (20% of state)**

## Nutrition Services

USA: \$927.9 million

TENN: \$17.4 million (2% of national)

**GNRC: \$2.7 million (16% of state)**

## Disease Prevention

USA: \$24.6 million

TENN: \$0.5 million (2% of national)

**GNRC: \$100 thousand (20% of state)**

## Family Caregiver Support

USA: \$186.4 million

TENN: \$3.8 million (2% of national)

**GNRC: \$690 thousand (18% of state)**

## Ombudsman & Elder Abuse

USA: \$23.4 million

TENN: \$471 thousand (2% of national)

**GNRC: \$89 thousand (18% of state)**

# State Plan on Aging



A State Plan on Aging is required by OAA and provides the **framework for the state and its partners** to provide comprehensive and coordinated system. Tennessee's Plan is developed by TCAD.

The Area Plan developed by GNRC works in concert with the Tennessee State Area Plan to support its goals.

[tn.gov/aging/administration/state-plan-on-aging](https://tn.gov/aging/administration/state-plan-on-aging)



# TN State Plan on Aging: Goals

**Goal 1** ensure that programs and services funded with federal appropriations including the Older Americans are cost effective and meet best practices.

**Goal 2** ensure that programs and services funded by state and other appropriations are cost effective and meet best practices.

**Goal 3** pursue funding, strategies, and partnerships with aging network, community-based organizations, local governments, state legislature, healthcare providers, and state departments in order to advocate to reduce the gaps in services.

**Goal 4** ensure that Tennesseans have access to information about aging issues, programs and services in order to be able to make informed decisions about living healthy and independent for as long as possible and plan for their financial futures, healthcare access, and long-term care.

# State Funded Programs

## State Support for OAA Programs

**TENN: \$2.6 million**

**GNRC: \$455,000  
(18% of state)**

## State OPTIONS Program

**TENN: \$9.6 million**

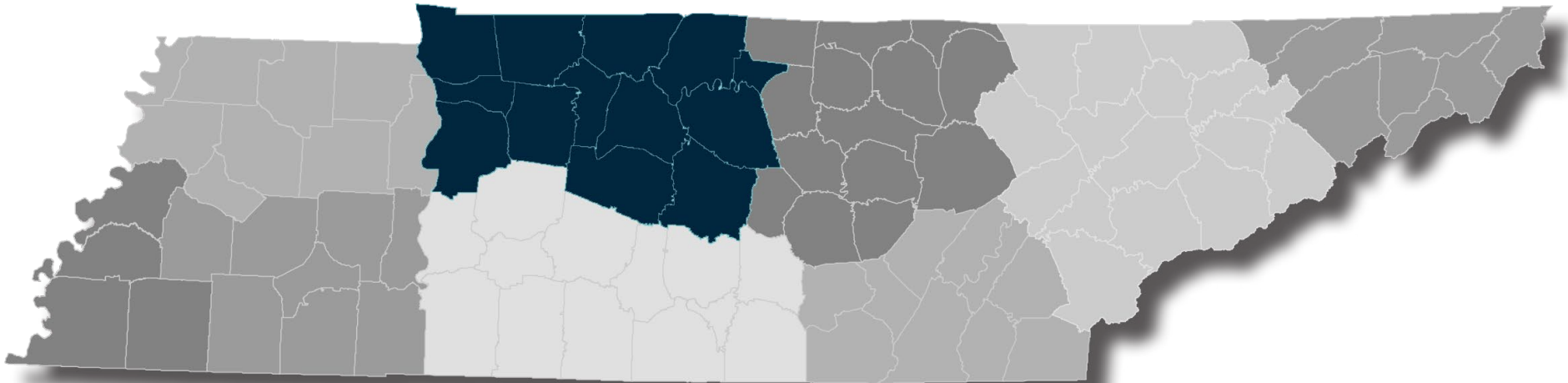
**GNRC: \$2 million  
(21% of state)**

## Public Guardianship

**TENN: \$2 million  
(2% of national)**

**GNRC: \$324,000  
(16% of state)**

# Middle Tennessee's Aging Planning Area



As the Area Agency on Aging and Disability, GNRC serves 13 counties:

- Cheatham
- Davidson
- Dickson
- Houston
- Humphreys
- Montgomery
- Robertson
- Rutherford
- Stewart
- Sumner
- Trousdale
- Williamson
- Wilson

# Area Plan and GNRC's Role



- **Establish Goals, Objectives, and Priorities**
- **Procure and Coordinate the Provider Network**
- **Serve as the Gateway to Information and Assistance**
- **Screen Individuals for Eligibility**
- **Connect Individuals to Services**
- **Track Service Delivery and Monitor Quality**

# GNRC Area Plan Overview

Overarching objectives of the FY23-26 Area Plan on Aging and Disability



Provide exceptional customer service to clients throughout the region



Maintain a high quality of services and programs



Improve awareness of services and programs available



Ensure access to a reliable service network



Increase partnership network, advocacy, and education of programs



Expand capacity for providing and promoting services

# Request for Waiver

The majority of Older Americans Act funding is passed through to service providers in the area. GNRC is requesting the following waivers to provide services directly rather than through contracts with area service providers:

## **Case Management (also known as Service Coordination)**

GNRC provides case management services for the OPTIONS for Community Living and Older Americans Act In-Home Services.

## **National Family Caregiver Support Program**

GNRC provides case management services for the National Family Caregiver Support Program.

## **Summary of Explanation:**

- Most case management providers in the region only provide this service for individuals seeking other services through their agency or do not serve the entire area.
- GNRC is the only agency in the region who solely provides case management services to all 13 counties.
- The GNRC has decades of experience providing case management services.

# Funding Allocations

In FY22, the Area Plan allocated more than \$8.3 million in federal and state funding to Aging and Disability services across 13 Middle Tennessee counties.

<b>Total Programming</b>	<b>\$8.3 Million</b>
Subgrants and Direct Recipients of Services	66%
GNRC Personnel and Fringe	22%
GNRC Other Direct Costs	2%
GNRC Indirect Costs	10%

# Aging and Disability Resources - More Information -



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**Review the draft Area Plan document:**

[GNRC.org/AreaPlan](https://gnrc.org/AreaPlan)

**Take a survey:**

[GNRC.org/Survey/Aging](https://gnrc.org/Survey/Aging)

**Learn more about our programs:**

[GNRC.org/Aging](https://gnrc.org/Aging)

**Information and Assistance Helpline:**

615-255-1010