



GREATER NASHVILLE
REGIONAL COUNCIL

AGING AND DISABILITY SERVICES | MARCH 2022

Area Plan on Aging and Disability

Draft Plan Public Hearing – Program Summaries

Greater Nashville Regional Council

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Background

About the Greater Nashville Regional Council

The Greater Nashville Regional Council (GNRC or the Council), is a public body corporate and politic initially created by the Tennessee Development District Act of 1965 and further empowered by Title 64, Chapter 7, Part 1, Tennessee Code Annotated (TCA), as amended (the Act). GNRC is owned by and operated on behalf of its local government membership comprised of county governments in the counties of Cheatham, Davidson, Dickson, Houston, Humphreys, Montgomery, Robertson, Rutherford, Stewart, Sumner, Trousdale, Williamson, and Wilson, Tennessee, and all incorporated municipalities and metropolitan governments located within these counties.

GNRC's mission is to assist local communities and state agencies in developing plans and programs that guide growth and development in the most desirable, efficient, and cost-effective manner, while ensuring the continued long-term livability of the region. GNRC is governed by a regional council comprised of city mayors, county mayors/ executives, state legislators, appointments representing business/industry, and appointments representing minority populations and employs approximately 80 full-time staff.

GNRC is designated by the Tennessee Commission on Aging and Disability (TCAD) as the Area Agency on Aging and Disability (AAAD) for 13 counties in Middle Tennessee and by TennCare as the Single Point of Entry for the federally-funded CHOICES program.

About the Area Agency on Aging and Disability

The as the AAAD, GNRC is one of nine designated agencies in Tennessee and one of 622 agencies nationwide that serve older individuals and adults with disabilities by planning programs and services and advocating for these populations. In this role, GNRC functions as a single point of entry to link older Tennesseans, those with physical disabilities, and their caregivers and families to available services through an information and referral, intake, screening, assessment, service authorization, and case management system.

About the Tennessee Commission on Aging and Disability

TCAD was created in 1963 by the Tennessee General Assembly and serves as the designated state agency on aging by providing leadership on behalf of older Tennesseans. The Commission promotes the development of comprehensive and coordinated community-based systems through work relating to advocacy, planning, coordination, public and private agency organization linkages, information sharing, monitoring, and quality assurance. TCAD administers state funding toward multipurpose senior center programs, public guardianship, home- and community-based services, and the State Health Insurance Assistance Program (SHIP) to support older adults and adults with disabilities.

TCAD is responsible for reviewing the performance of each AAAD in Tennessee to ensure compliance with federal and State standards.

About this Document

This document provides an overview of the information presented at the Public Hearing for the FY23-26 Area Plan on Aging and Disability. This document is not intended to represent a draft of the full Area Plan. For more information, visit GNRC.org/AreaPlan.

Federal, State, and Local Coordination

Older Americans Act

The Older Americans Act of 1965 was the first federal-level initiative to provide comprehensive services for older adults. It created the National Aging Network comprising the Administration on Aging at the federal level, State Units on Aging at the state level, and Area Agencies on Aging at the local level. The network provides funding – based primarily on the percentage of an area's population 60 and older – for nutrition and supportive home and community-based services, disease prevention/health promotion services, elder rights programs, the National Family Caregiver Support Program, and the Native American Caregiver Support Program. President Lyndon Johnson signed the Act into law on July 14, 1965.

In 2016, Congress reauthorized the Act in its entirety, effective through FY 2019. In March 2020, the Act was reauthorized through 2024.

The OAA is divided in seven titles that outline its objectives, funding, and provisions for carrying out the Act. There are ten objectives in Title 1. These objectives include:

- An adequate income in retirement in accordance with the American standard of living.
- The best possible physical and mental health which science can make available and without regard to economic status.
- Obtaining and maintaining suitable housing, independently selected, designed and located with reference to special needs and available at costs which older citizens can afford.
- Full restorative services for those who require institutional care, and a comprehensive array of community-based, long-term care services adequate to appropriately sustain older people in their communities and in their homes, including support to family members and other persons providing voluntary care to older individuals needing long-term care services.
- Opportunity for employment with no discriminatory personnel practices because of age.
- Retirement in health, honor, dignity—after years of contribution to the economy.
- Participating in and contributing to meaningful activity within the widest range of civic, cultural, educational, and training and recreational opportunities.
- Efficient community services, including access to low-cost transportation, which provide a choice in supported living arrangements and social assistance in a coordinated manner, and which are readily available when needed, with emphasis on maintaining a continuum of care for vulnerable older individuals.
- Immediate benefit from proven research knowledge which can sustain and improve health and happiness, and
- Freedom, independence, and the free exercise of individual initiative in planning and managing their own lives, full participation in the planning and operation of community-based services and programs provided for their benefit, and protection against abuse, neglect, and exploitation.

Title III of the OAA encourages and assists state and local agencies in developing comprehensive and coordinated in-home and community-based long-term services for older adults.

According to the Congressional Research Service, approximately 70 percent of Older Americans Act Funds support Title III Programs nationwide. The Area Plan on Aging and Disability outlines how GNRC will allocate funding from the OAA and TCAD to achieve the objectives of the Act.

State Area Plan on Aging

Since 1963, the Tennessee Commission on Aging and Disability (TCAD) has operated with the core function of protecting and ensuring the quality of life and independence of older Tennesseans and older adults with disabilities.

As required by the OAA, Tennessee develops a statewide Plan on Aging. It provides the framework for the State and its partners to provide a comprehensive and coordinated system to address programs and services. This plan outlines funding by federal and State sources across various programs and services.

The Tennessee State Plan on Aging also provides policymakers, service providers, and the general population with appropriate data about trends and implications for the current population and the impact of the increase in the aging population due to the aging baby boomer generation.

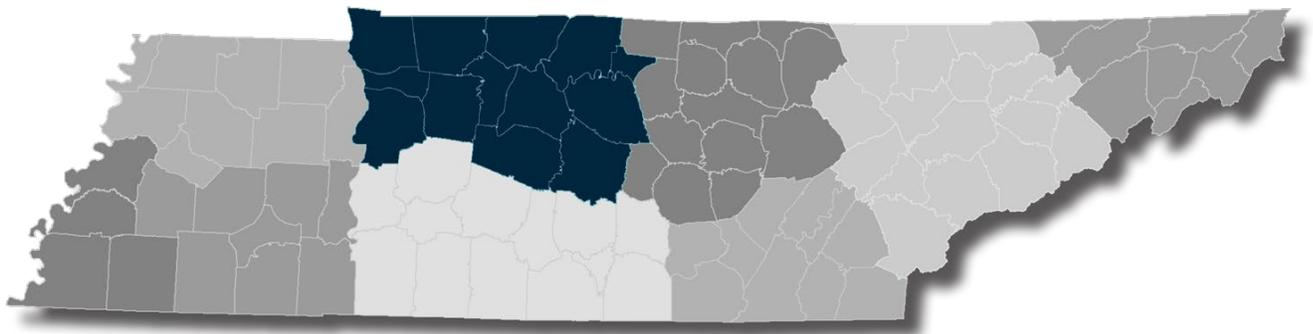
The Area Plan developed by GNRC works in concert with the Tennessee State Area Plan to support its goals.

- Goal 1 will begin the process by ensuring that programs and services funded with federal appropriations, including the Older Americans Act, are cost-effective and meet best practices.
- Goal 2 ensures that programs and services funded by State and other appropriations are cost-effective and meet best practices.
- Goal 3 pursues funding, strategies, and partnerships with aging network, community-based organizations, local governments, state legislature, healthcare providers, and state departments to advocate to reduce the gaps in services identified in the statewide needs assessment.
- Goal 4 will ensure that Tennesseans have access to information about aging issues, programs, and services in order to be able to make informed decisions about living healthy and independent for as long as possible and plan for their financial futures, healthcare access, and long-term care.

GNRC Area Plan on Aging and Disability

As Middle Tennessee's Area Agency on Aging and Disability, we serve 13 counties in the region. These include Cheatham, Davidson, Dickson, Houston, Humphreys, Montgomery, Robertson, Rutherford, Stewart, Sumner, Trousdale, Williamson, and Wilson counties.

Figure 1 – GNRC's Planning Area



In this role GNRC is charged with assisting communities in targeting resources from all appropriate sources to meet the needs of older persons with the greatest economic or social need.

GNRC offers direct services and coordinates the delivery of services that help older adults remain in their homes as they age. Programs include home-delivered meals, homemaker assistance, and other in-home supportive services to help make independent living a viable option. By offering a range of supports available, GNRC makes it possible for older individuals to choose the services and living arrangements that suit them best.

The Area Plan outlines the objectives set by GNRC to support the goals of the Statewide Plan on Aging and details strategies to implement services and programs across the region. Examples of these efforts include:

- Procuring and Coordinating the Provider Network
- Serving as the Gateway to Information and Assistance
- Screening Individuals for Eligibility
- Connecting Individuals to Services, and
- Tracking Service Delivery and Monitoring program quality

For more information on GNRC's Aging and Disability Services or to download a full version of the draft Area Plan, visit GNRC.org/AreaPlan.

Program Development and Coordination

GNRC proposes using \$65,000* in Title III-B direct service funds to pay for Program Development and Coordination during FY 2023. TCAD allows up to 10 percent of these funds to be used for this purpose. The proposed amount represents 4 percent* of the AAADs new Title III-B direct service allotment. *Amount is based on Fiscal Year 2022.

The Goal, Objectives, and Strategies below outline the efforts GNRC plans to make toward Program Development and Coordination with these funds.

Goal: Promote, expand, and maintain services provided to older adults in the region

Objective: Maintain the high quality of services and programs offered by contracted senior centers and providers

Strategies:

- Continue program monitoring of contracted service providers and senior centers
- Maintain partnerships with existing service providers and senior centers
- Continue to seek quality additional service providers, which may include:
 - Home modification services
 - Pest control services
 - In-home services
 - Nutrition services
 - Transportation services
 - Other supportive services

Objective: Improve awareness of the services available to older adults and adults with disabilities through partnerships

Strategies:

- Actively seek new partnerships, especially with those who represent/advocate for hard-to-reach communities. Potential partnerships may include:
 - Community Centers
 - Libraries
 - Additional Senior Centers
 - Westminster Home Connection
 - Medical facilities
 - Low-cost and sliding-scale health clinics
 - Home health providers
 - Emergency Services
 - Additional volunteer transportation programs
 - Faith-based organizations
 - Organizations that serve individuals with limited English proficiency
- Strengthen existing partnerships, including:
 - 211 Helpline
 - AgeWell Middle Tennessee

- Tennessee Disability Pathfinder
- Adult Protective Services
- Members of the Accessible Transportation Workgroup
- County and community fairs
- AARP Tennessee
- ALS Association TN Chapter
- The Branch of Nashville
- Catholic Charities
- Community Helpers of Rutherford County
- Healthy Nashville Leadership Council
- Martha O'Bryan Center
- Matthew Walker Comprehensive Health Center
- Nashville International Center for Empowerment
- Nashville Refugee & Immigrant Collective
- Nashville CARES
- Parkinson's Foundation KY/TN
- Parkinson's Foundation/Vanderbilt Neurology
- Rural Health Association of Tennessee
- St. Luke's Community House
- UT Extension Stewart Co.
- UT Extension Cheatham Co.
- United Way of Nashville
- United Way of Greater Clarksville
- VUSNAPS
- Williamson County Enrichment Center

Objective: Expand capacity for providing and promoting programs and services through volunteer coordination.

Strategies:

- Maintain and strengthen partnerships for volunteer recruitment, including Hands-On Nashville
- Continue to expand partnerships to bring a wide range of volunteer opportunities available on GNRC's volunteer platform
- Continue to identify volunteer opportunities to increase capacity in Aging and Disability Services
- Continue to coordinate volunteers for various programs

Area Plan Objectives, Strategies, Performance Measures

The following section outlines the goals set by TCAD and the related objectives and strategies to support those goals.

Goal 1: Ensure that programs and services funded with the federal Older Americans Act (OAA) are cost-effective and meet best practices.

Objective: Provide exceptional Information and Assistance services, including referrals and resources, that are available and accessible throughout the region

Strategies:

1. Collaborate with partners in the Information and Referral Coalition (GNRC, 211, AgeWell, Pathfinder)
2. Update the Information and Referral database continually
3. Expand GNRC's Information and Referral resource library with new materials to be shared with consumers, especially informational materials about medical diagnoses, healthy lifestyles, and independent living
4. Strengthen collaboration with referring partners to help consumers better access services
5. Offer in-person assistance at Community I&R days throughout the 13-county region
6. Provide interactive, self-guided information about services and programs on a virtual platform
7. Offer I&R helpline services via online chat
8. Continue to ensure that all eligible Information and Assistance staff are AIRS certified

Performance Measures:

1. In FY 2023, meet monthly with the Information and Referral coalition to seek opportunities for information sharing and collaboration
2. In FY 2023, update GNRC's Information and Referral database
3. By the end of FY 2023, add at least two new printed materials to the Information and Referral resource library
4. In FY 2023, meet quarterly with at least one referring partner to share information about programs and establish contacts
5. By the end of FY 2023, identify at least two accessible and central location partners for regular Community I&R days
6. By the end of FY 2023, identify, acquire, and begin implementation of online tools for interactive information and online chat assistance
7. In FY 2023, all eligible Information and Assistance staff will continue to be AIRS certified

Objective: Working with partners, offer a variety of Nutrition programs to meet consumers' needs

Strategies:

1. Continue to ensure that congregate, and home-delivered meals are available throughout the region
2. Examine the possibility of continuing grab-n-go meals

3. Seek to expand menu offerings to allow for meal choice
4. Continue supplemental nutrition programs (e.g., grocery box program), as funding is available

Performance Measures:

1. In FY 2023, partner with at least two providers of nutrition services
2. In FY 2023, advocate for meal providers' needs to improve the accessibility of meals
3. By the end of FY 2023, identify program models for and potential limitations of offering meal choice
4. In FY 2023, evaluate the possibility of and opportunities for continuing the grocery box program

Objective: Ensure Options, Title III-B, and Family Caregiver Support Program consumers have access to a variety of services from a reliable network of in-home service providers or from self-direction

Strategies:

1. Expand and strengthen in-home service provider network
2. Seek to offer participation in self-direction to Options, OAA, and FCSP clients
3. Add service options to GNRC's offerings in these programs
4. Increase the number of consumers served through OAA and Options programs
5. Increase efficiency of case management/service coordination processes

Performance Measures:

1. In FY 2023, assess roadblocks and issues in-home service providers are facing and determine what support is needed
2. In FY 2023, begin to advocate for increased support for in-home service providers (as determined by the assessment)
3. In FY 2023, seek approval for and, upon approval, implement OAA self-direction
4. In FY 2023, identify and contract with at least one provider for home modification, pest control, or chore services
5. In FY 2023, look into partnering with AgeWell Middle Tennessee to sponsor seminars for working caregivers
6. By the end of FY 2023, increase the number of individuals who receive services through Options/OAA by 15 percent.
7. By the end of FY 2023, increase the number of caregivers who receive respite services through NFCSP by 15 percent.
8. By the end of FY 2023, meet with in-home service providers to provide valuable training
9. By the end of FY 2023, strive to expend at least 92 percent of IIIIE funds.

Objective: Increase access to services and supports for older adult family caregivers who are caring for children

Strategies:

1. Continue to offer summer camps, daycare, before-care, after-care, and tutoring assistance through partner agencies
2. Work with partners to increase the number of families served through programs serving older adults caring for children

Performance Measures:

1. By the end of FY 2023, work with partners to identify the needs of programs for grandparents raising grandchildren
2. By the end of FY 2023, include information about these programs in promotional material

Objective: Through partnerships and senior centers, offer Evidence-Based Programming to older adults throughout the region

Strategies:

1. Support contracted senior centers to offer more evidence-based programming that is relevant to their members
2. Partner with established organizations to widen the variety of evidence-based programs provided in the region
3. Identify current offerings, gaps, and interest in evidence-based programming in the region

Performance Measures:

1. In FY 2023, support evidence-based programming offered by Senior Centers
2. In FY 2023, conduct a survey of contracted Senior Centers to identify interest in and roadblocks to offering additional evidence-based programming
3. In FY 2023, support CAPABLE in partnership with FiftyForward and Westminster Home Connection
4. By the end of FY 2023, identify evidence-based programming or similar programming currently offered in the region to seek potential partnerships and to prevent duplication of efforts

Objective: Encourage Senior Centers to be a place for all older adults to find community and enrichment

Strategies:

GNRC will encourage Senior Centers in the region to:

1. Continue to design programming and services with those who are still working, raising children, or caring for parents in mind
2. Continue to connect with and offer appropriate activities that appeal to minority groups in the Center's community
3. Increase reach to older adults who cannot travel to the Center through technology and telephone reassurance
4. Increase offering of intergenerational activities and community volunteering
5. Increase offering of wellness and education programs
6. Seek innovative ways to engage older adults, including the young-old, in the Centers and communities

Performance Measures:

1. By the end of FY 2023, promote telephone reassurance services through case management, presentations, and informational materials
2. Throughout FY 2023, make Senior Centers aware of meaningful volunteer opportunities available in their communities, as appropriate
3. In FY 2023, connect interested Senior Centers with funding and resources for evidence-based programming and wellness programming
4. By the end of FY 2023, identify potential innovative Senior Center programming

5. By the end of FY 2023, meet with senior center staff or directors at least twice to provide valuable training

Objective: Support Transportation programs in the region to increase access to reliable transportation for older adults.

Strategies:

1. Continue to provide funding to existing partners for transportation services
2. Continue to provide funding to volunteer transportation programs in the region

Performance Measures:

1. In FY 2023, contract with Mid-Cumberland Human Resource Agency for transportation services for older adults
2. In FY 2023, contract with at least 3 volunteer transportation programs in the region

Objective: Increase public awareness of Elder Abuse

Strategies:

1. Disseminate information about recognizing and reporting elder abuse throughout the region
2. Maintain partnerships with Adult Protective Services, Middle TN Elder Watch Committee, and others

Performance Measures:

1. By the end of FY 2023, distribute educational brochures on elder abuse and scams at least two events in the region
2. In FY 2023, promote resources about elder abuse on GNRC social media
3. In FY 2023, continue to work with APS to respond to suspected cases of elder abuse
4. In FY 2023, continue to be involved with Middle TN Elder Watch Committee.

Objective: (LASMTC) Irrespective of income, all applicants/clients and clients 60 years of age or older receive Legal Assistance at no cost from the Legal Aid Society of Middle Tennessee and the Cumberlands (LASMTC)

Strategy:

1. Elder law staff will meet with OAA applicants and clients over the telephone, at LAS offices, in their residence, nursing home, or senior centers to evaluate and ensure access to legal assistance.

Performance Measure:

1. Quarterly reports will be evaluated to ensure that service objectives are met.

Objective: (LASMTC) Support and enhance multi-disciplinary responses to elder abuse, neglect, and exploitation involving Adult Protective Services (APS), Ombudsman, Legal Assistance, law enforcement, healthcare professionals, and financial institutions.

Strategies:

1. Establish a partnership with the Tennessee Vulnerable Adult Coalition and/or other partners in the elder abuse prevention community to identify the best means of distributing elder abuse prevention information.

2. Establish a solid partnership with APS to increase services and contact information awareness.
3. Public outreach will be directed to community partners, seniors, and caregivers to educate, identify and respond to elder abuse, neglect, and exploitation.
4. Establish working relationships with the Vulnerable Adult Protective Investigative and law enforcement to aid and information as needed.

Performance Measures:

1. By the end of FY 2023, continue to participate in the development of a statewide community education and awareness campaign to promote statewide senior services and increase awareness of legal aid services.

Objective: (LASMTC) Continue to try to increase Legal Services provided to enhance overall service delivery capacity and enable older adults to remain independent, healthy, and financially secure in their homes and communities of choice by the end of FY 2023

Strategies:

1. Train staff to evaluate and conduct capacity assessments for seniors on an ongoing basis.
2. Statewide legal providers will partner to integrate available legal services.
3. Legal assistance will include tools and printed materials to empower and educate Tennessee seniors.

Performance Measures:

1. Quarterly reports will be evaluated to ensure objectives are met

Objective: (MCHRA) All residents of long-term care facilities will receive assistance from the Ombudsman program, upon request, without regard to age, race, nationality, gender, income, sexual orientation, or gender identity at no cost to the service recipient during the FY 2019 – 2022 area plan period.

Strategies:

1. Ombudsman Program staff and trained Volunteer Ombudsman Representatives will provide advocacy services to long-term care residents on resolving resident complaints.
2. District Long-Term Care Ombudsman will publicize the need for volunteers through media outlets in 13 counties and offer quarterly volunteer training opportunities and provide monthly support and ongoing training meetings for volunteers.
3. Establish and maintain working relationships with Legal Aid Society of Middle Tennessee, the Tennessee Vulnerable Adult Coalition, Adult Protective Services, the TN Department of Health, Vulnerable Adult Protective Investigative Teams, the TN justice Center and TN Disability Rights to address complaints by residents of long-term care facilities.
4. Make quarterly visits to each long-term care facility to assess resident care.

Objective: (MCHRA) Educate long-term care residents and citizens on services available through the Ombudsman program throughout the area plan period.

Strategies:

1. Share printed and verbal information with residents and citizens on the Ombudsman program and how to access services.

2. Speak, upon request, to resident councils, family councils, civic groups, faith groups, senior centers and other venues on the ombudsman program and its services.

Objective: (MCHRA) Provide guidance on addressing the needs of long-term care residents and navigating the long-term care system

Strategies:

1. Provide consultations to facility staff on creating safe long-term care communities, provide for quality living, respect resident rights, and offer excellence in care to residents.
2. Provide information and referral consultations to individuals on navigating the long-term care system or identifying resources to prolong independence.

Performance Measures:

1. 100 percent of resident complaints received by the Ombudsman that fall within the Ombudsman Scope of Services will be investigated, and 90 percent will be resolved to the resident's satisfaction and 90 percent of residents will report that their knowledge of the ombudsman program has been increased.
2. The program will be in substantial compliance with its annual monitoring by the Tennessee Commission on Aging & Disability. Monthly report will be submitted to the State Long-Term Care Ombudsman.
3. Quarterly reports will be submitted to GNRC and the State Long-Term Care Ombudsman.
4. Provide 600 consultations per year to facility staff on creating long-term care communities that are safe, provide for quality living, respect resident rights, and offer excellence in care to residents.
5. Provide 200 information and referral consultations per year to individuals navigating the long-term care system or identifying resources to prolong independence.
6. Educate 1,000 long-term care residents and citizens per year on resident rights and services available through the Ombudsman program and give them literature on the program.
7. Per revised requirements from the State Ombudsman, make quarterly visits to all nursing homes and two visits per year to assisted living facilities and residential homes for the aged to monitor conditions and speak with residents.

Mid-Cumberland Human Resource Agency sets objectives, strategies, and performance measures related to Ombudsman.

Goal 2: Develop partnerships with aging network, community-based organizations, local governments, healthcare providers and state departments in order to advocate to reduce the gaps in services as identified in the needs assessment.

Objective: Working with partners, provide older adults and adults with disabilities opportunities to fill Social Needs and alleviate Social Isolation

Strategies:

1. Develop relationships with entities (medical facilities, home health, emergency services, etc.) who may be able to identify isolated individuals and refer them to GNRC
2. Promote Family Caregiver Support Program, telephone reassurance, nutrition, and other services with a focus in areas with older adults/adults with disabilities who live alone
3. Continue to support Senior Center programming throughout the region (as identified in Goal 1)

Performance Measures:

1. By the end of FY 2023, share information about GNRC services with at least 4 medical agencies/businesses (home health, clinics, hospitals)
2. By the end of FY 2023, identify areas with older adults/adults with disabilities who live alone and begin to identify potential partners in these areas
3. In FY 2023, support Senior Center programming as identified in Goal 1

Objective: Ensure that the needs of older adults are considered when partners are planning for Transportation in the region

Strategies:

1. Work with GNRC's Community and Regional Planning department to advocate for the needs of older adults and adults with disabilities in transportation planning
2. Participate in efforts to coordinate transportation for older adults and adults with disabilities

Performance Measures:

3. By the end of FY 2023, identify where collaboration can be increased to educate on and advocate for the transportation needs of older adults within the work done by GNRC
4. In FY 2023, continue to participate in the monthly Transportation Workgroup to stay updated and coordinate on accessible transportation efforts

See Goal 1, Nutrition Program Objective.

Goal 3: Ensure that programs and services funded by State allocations are cost effective and meet best practices.

See Goal 1, Options, Title III-B, and Family Caregiver Support Program Objective.

Objective: Ensure that clients are the focus of the Guardianship program and Conservators

Strategies:

1. Increase efficiency of tracking and coordination using technology
2. Establish guidelines for case appropriateness and caseload with partners

Performance Measures:

1. By the end of FY 2023, identify technology needs for improved coordination of the program
2. In FY 2023, continue conversations with partners about the appropriateness of clients and overall program capacity

Objective: Improve awareness and understanding of the Guardianship Program among partners and the public in the region

Strategies:

1. Give presentations to partners about the Guardianship program
2. Share handouts and written information about the Guardianship program
3. Continue dialogue with referring partners regarding the Guardianship program

Performance Measures:

1. By the end of FY 2023, presentations will be given about the Guardianship program to partners in the region

Goal 4: Ensure that Tennesseans have access to information about aging issues, programs, and services in order to be able to make informed decisions about living healthy and independent for as long as possible and about planning for their financial futures, healthcare access, and long-term care.

Objective: Ensure that State Health Insurance Assistance Program (SHIP) is available and accessible throughout the GNRC region

Strategies:

1. Offer regular presentations and counseling at partner locations and Senior Centers
2. Strengthen existing SHIP partnerships
3. Strengthen the SHIP volunteer program to increase capacity for counseling and outreach
4. Coordinate calls and referrals using reliable tracking systems and tools
5. Explore virtual options for connecting with beneficiaries
6. Promote SHIP program through community events, regular mailouts, and other outreach efforts

Performance Measures:

1. By the end of FY 2023, identify at least two additional partner locations in the region
2. By the end of FY 2023, train additional volunteers who are able and willing to offer regular counseling at Senior Centers
3. By the end of FY 2023, offer presentations at partner locations throughout the region
4. By the end of FY 2023, identify opportunities to increase collaboration with existing partners
5. By the end of FY 2023, recruit, train, and engage new volunteers for the SHIP program
6. By the end of FY 2023, begin to identify ways in which online tools may allow for more beneficiaries to connect to information about Medicare
7. By the end of FY 2023, at least 50 percent of GNRC staff will be trained SHIP volunteers

Summary of Program Funding

The initial draft of the Area Plan on Aging and Disability has been developed using FY22 funding levels. In FY22, the Area Plan allocated more than \$8.3 million in federal and state funding to Aging and Disability services across 13 Middle Tennessee counties.

Figure 2 – Federal OAA Funding

Program	National	Tennessee	GNRC
Supportive Services	\$ 388,600,000	\$ 7,800,000	\$ 1,600,000
Nutrition Services	\$ 927,900,000	\$ 17,400,000	\$ 2,700,000
Disease Prevention	\$ 24,600,000	\$ 500,000	\$ 100,000
Family Caregiver Support	\$ 186,400,000	\$ 3,800,000	\$ 690,000
Ombudsman and Elder Abuse	\$ 23,400,000	\$ 471,000	\$ 89,000

Figure 3 - State Funding

	Tennessee	GNRC
State Support for OAA Programs	\$ 2,600,000	\$ 455,000
State OPTIONS Program	\$ 9,600,000	\$ 2,000,000
Public Guardianship	\$ 2,000,000	\$ 324,000

Figure 4 – Breakdown GNRC Programming

Total Programming	\$ 8,300,000
Subgrants and Direct Services	66%
GNRC Personnel and Fringe	22%
GNRC Other Direct Costs	2%
GNRC Indirect Costs	10%

Request for Waiver

The majority of Older Americans Act funding is passed through to service providers in the area. GNRC is requesting the following waivers to provide services directly rather than through contracts with area service providers:

Case Management (also known as Service Coordination)

GNRC provides case management services for the OPTIONS for Community Living and Older Americans Act In-Home Services.

National Family Caregiver Support Program

GNRC provides case management services for the National Family Caregiver Support Program.

Summary of Explanation:

- The majority of case management providers in the region only provide this service for individuals seeking other services through their agency.
- Many of the providers of case management do not provide service to the whole area.
- GNRC is the only agency in the region who solely provides case management services to all 13 counties.
- The GNRC AAAD already has decades of experience providing case management services.

